

Win back your sobriety & peace of mind.

Join this safe and confidential group that will support you wherever you are in your recovery process. Anyone with a desire to make healthy changes to reduce their alcohol or drug use is invited to attend the program. Come, share, set your goals and you will be rewarded each session with the prize of your choice.

Aurora Health Center Every Wednesday at 10:00am - 12:00pm Lunch is provided

Elgin Health Center Every Thursday from 11:30am - 1:30pm Lunch is provided

For additional information contact Behavioral Health
Diane - Aurora office 630.264.1819 x311
Elgin 847.695.1093 x226
Shannon - Aurora office 630.264.1819 x316
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